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## Ch 6 The Muscular System Notes

Lisa Peck

**Muscular System:** consists of skeletal muscles and their connective tissue attachments

**organ-** skeletal muscle

consists of hundreds of muscle fibers (cells) bound tog. by connective tissue

**cell-** muscle fibers- elongated cells

largest (compared to smooth muscle)

primary function is contraction: ability to shorten dep. on myofilaments

muscle prefixes "myo" - muscle

"mys" - muscle

"sarco" - flesh



### 3 Muscle Types (p 178-181)

#### 1. **Skeletal Muscle-** skeletal, striated, & voluntary

referred to as the human body's "muscular system"

**location:** attach to bones or indirectly to other connective tissues or cartilage

attach via tendons or aponeuroses

exception: some facial muscles attach to soft tissues (oth. muscles or skin)

**function:** create movement of bones or facial skin via contractions

**contraction** 1. regulation: voluntary

subject to conscious control via nervous system

only muscle type that is voluntary

2. speed: rapidly w/ great force

tire easily

must rest after activity

3. no rhythmic contractions

**morphology:** single cell

elongated cylindrical shape

**myofiber (cell):**

**sarcolemma-** muscle cell membrane

**myofibrils-** contractile organelles found in cytoplasm of muscle cells

long tube-like

have light and dark bands along length

many aligned perfectly w/ in sarcolemma

giving a striated appearance to cell

**multinucleated-** nuclei and cytoplasm pushed to edge of sarcolemma by numerous myofibrils

**sarcoplasmic reticulum-** ER of cell

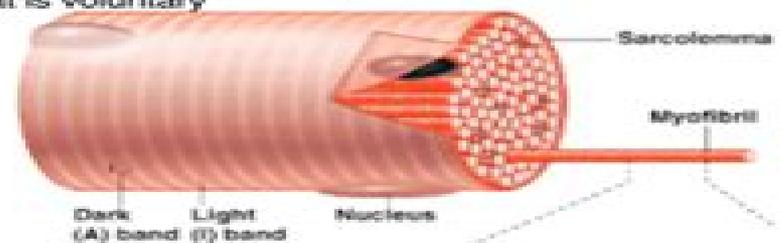
stores calcium (for contraction)

**striated-** banded appearance due to alignment of bands on myofibrils

myofibril bands created by arrangement of myofilaments within myofibril

**myofilaments-** filaments composing the myofibrils

two types: actin & myosin



# Ch 6 Muscular System 91

**Ian Pickup**



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