

Kristi Young  
 Phye 210  
 8 mini lesson plans

Time	Skills/Activity	Modification	Standard	Reflection
1 min	transitions	1 min of free time given	5	
5 min	Walking- Student will walk to get warmed up and as part of establishing healthy habits. hands down, no behaviors.	walk with ball in hands	3, 5, 6	
5 min	Volley- student will hit an item back to partner instead of catching and throwing. NO behaviors!	Vary items- balloon, foam ball, use racket, use hands...	1,2,5	
5 min	Hockey- Student will hold hold the stick in the correct hands down position. no behaviors	ball or puck	1,2,5	
5 min	Balance on a <u>balance ball</u> - student will work on balance and core strength	trampoline	1,2,5	
5 min	Range of Motion (stretching)- as part of lifetime fitness and mobility the student will work on stretching out with particular attention paid to the legs.	Differ stretches,	3,5,6	
5 min	Soccer- Student will walk and kick the soccer ball with some attention paid to control over the ball. (dribbling)	Hold foam ball in hands to reduce hitting, scratching, and grabbing	1,2,5	
2 min	<u>Cross Crawls</u> - Student will close by engaging in cross crawls (from brain gym). This is calming and promotes cross midline unilateral movement.	Crawling on floor	1, 5	

All of these activities with also focus on cooperation and no negative behaviors.

**Equipment Needed:** med size foam ball, soccer ball, balloon, balance ball, tennis racket, hockey puck, hockey stick,

# Adapted Pe Lesson Plans

**Claudine Sherrill**



## **Adapted Pe Lesson Plans:**

**Adapted PE Games and Activities** Joanne Hynes-Hunter, Temoc Suarez, Grant Scheffer, Nick Kalisperis, 2013-01-29 This Adapted Physical Education Activity Book contains the tools you need to incorporate GenMove activities into your classroom and engage students in active learning Each developmentally appropriate inclusive activity includes student learning objectives skills to be learned equipment needs set up diagrams and instructions and suggested modifications We have provided general strategies for inclusion in any setting as well as guidelines for modifying activities for students with specific disabilities The curriculum also includes teacher and student authentic assessment activities that demonstrate student learning given NASPE s Standards We ve designed innovative activities and inclusive non threatening equipment that will level the playing field to ensure that all students can experience the benefits of physical activity *Quality Lesson Plans for Secondary Physical Education* Dorothy Zakrajsek, Lois Carnes, Frank E. Pettigrew, 2003 Lesson plans for physical education including climbing walls lacross in line skating Includes 2 Copies of CD in Carousel 17 and 21 *Organization and Administration of Physical Education* Jayne D. Greenberg, Judy L. LoBianco, 2025-03-25 Organization and Administration of Physical Education Second Edition is fully updated with the revised SHAPE America National Physical Education Standards and culturally responsive teaching practices PE administrators will learn solid foundational theory and practices to implement successful programs **Adapted Physical Activity Quarterly**, 2008 **Homeschool Your Child for Free** LauraMaery Gold, Joan M. Zielinski, 2009-08-04 For Families Who Want to Splurge on Education but Scrimp on Spending Are you considering homeschooling your child but don t know where to go for the best educational resources The Internet is an open door to the biggest library laboratory the world has ever seen and it s all at your fingertips for free This never ending source of information adventure and educational experiences for the entire family is now compiled in a complete curriculum for any age in Homeschool Your Child for Free This invaluable guide to all the best in free educational material from reading readiness activities for preschoolers to science projects for teens categorizes reviews and rates more than 1 200 of the most useful educational resources on the Internet and beyond You ll discover Legal guidelines and compliance requirements for home educators Complete curriculum plans for a comprehensive education for preschool through high school Online lesson plans arranged by subject from American history to zoology Teaching tips and motivators from successful homeschoolers And much much more Wow Everything I have been trying to organize all in one book This is going to be part of my resource library for the support group I lead Thanks ladies Kimberly Eckles HIS Support Group Leader Home Instructors I m impressed There are more sites and links than I knew existed A great resource for homeschoolers Maureen McCaffrey publisher Homeschooling Today [PE Connections](#) Thomas M. Fleming, Lisa Bunting, 2007 You want your students to be successful not just in the classroom but throughout their lives as well With PE Connections Helping Kids Succeed Through Physical Activity you can provide the experiences that help students succeed in a much broader sense than is usually

associated with a physical education class PE Connections accomplishes this by offering teachers and after school care providers three instructional approaches that expand the definition of student success teaching quality physical education building social and personal competencies through developmental assets and creating the foundation for a coordinated school health program

**BOOK JACKET** *Adapted Physical Activity, Recreation, and Sport* Claudine Sherrill, 1998 Offering the most comprehensive coverage available this new edition features a lifespan cross disciplinary approach valuable for both teaching and non teaching professionals Adapted Physical Activity Recreation and Sport emphasizes attitude change inclusion and psychosocial perspectives for understanding individual differences

Multicultural Education and the Internet Paul Gorski, 2001 Contains a list of site references pertinent to multicultural teaching practices as well as providing teachers with an exploration of how the Web can be used as an effective tool in multicultural classrooms

**Resources in Education**, 1990

**Universal Design for Learning in Physical Education** Lauren J. Lieberman, Michelle Grenier, Ali Brian, Katrina Arndt, 2020-01-09 The practice of universal design of making a product or environment accessible to all individuals has been around for a long time But until now that practice has never been explored in depth in the field of physical education This groundbreaking text provides a much needed link between universal design and physical education extending boundaries as it offers physical educators a systematic guide to create administer manage assess and apply universal design for learning

UDL Universal Design for Learning in Physical Education is for all physical educators those who are or are preparing to become general PE teachers as well as those who are in the field of adapted physical education This resource offers the following Ready to use curricular units for grades K 12 with 31 universally designed lessons that demonstrate how teachers can apply UDL in specific content areas teachers can also use those examples to build their own units and lessons Rubrics for the 28 items on the Lieberman Brian Inclusion Rating Scale for Physical Education LIRSPE to help teachers follow best practices in inclusion Tables timelines and paraeducator training checklists to ensure that UDL is effectively delivered from the beginning of the school year In her earlier text *Strategies for Inclusion Third Edition* coauthor Lauren Lieberman included a valuable chapter about UDL that focused on detailed practical steps for making classes inclusive

Universal Design for Learning in Physical Education approaches inclusion from the macro level providing a comprehensive conceptual model of UDL and how to incorporate it into curriculum planning and teaching methods for K 12 physical education Outcomes for Universal Design for Learning in Physical Education are aligned with SHAPE America's physical education standards and grade level outcomes Given that 94 percent of students with disabilities are taught in physical education settings this text offers highly valuable guidance to general physical educators in providing equal access to and engagement in high quality physical education for all students Part I of *Universal Design for Learning in Physical Education* defines universal design and explains how it relates to physical education It identifies barriers that teachers may face in adapting UDL to their programs and how to overcome these barriers It also addresses critical assessment issues and guides teachers in supporting students

with severe or multiple disabilities Part I also covers advocacy issues such as how to teach students to speak up for their own needs and choices Readers will gain insight into where their programs excel and where barriers might still exist when they employ the Lieberman Brian Inclusion Rating Scale a self assessment tool that helps measure physical programmatic and social inclusion Finally part I reinforces several UDL principles by sharing many examples of how physical educators have applied UDL in their programs Part II offers a trove of universally designed units and lesson plans for use across grades K 12 with separate chapters on lessons for elementary sports fitness recreation and aquatics Universal Design for Learning in Physical Education is the first text to delve deeply into the concept of universal design in physical education As such it is a valuable resource for all PE teachers both those leading general classes and adapted classes to learn how to successfully implement universally designed units and lesson plans that enrich all their students lives The accompanying web resource provides 40 forms tables checklists and a sample lesson plan from the book as well as a list of websites books and laws These resources are provided as reproducible PDFs for practical use

**Adapted Physical Education** Arthur Simpson

Daniels, Evelyn A. Davies, 1965

**Bloomsbury CPD Library: Supporting Children with Special Educational Needs**

**and Disabilities** Cheryl Drabble, Bloomsbury CPD Library, 2016-09-22 According to the most recent SEND Code of Practice every teacher is a teacher of children with special educational needs and disabilities and yet teachers often receive little or no training in this area Despite their best intentions they are therefore often ill equipped to rise to the challenge of helping their students achieve the best possible educational outcomes This comprehensive resource will equip primary and secondary teachers and SENDCos with the training and skills they need to fully support children with SEND in mainstream classrooms Cheryl Drabble draws on her vast experience as a CPD leader NQT mentor and her many years of working with SEND to share guidance practical activities and strategies for evaluating and strengthening your practice and that of your colleagues The book provides a set of ready to use training plans accompanied by PowerPoint slides available to download online for free so you can train your colleagues in this essential area and ensure the best support possible for students with SEND across your school In total the book offers over 50 hours of CPD equating to a cost of less than 50p per hour of training

*Adapted Physical Education National Standards* National Consortium for Physical Education and Recreation for Individuals with Disabilities (U.S.), Luke Edward Kelly, 1995 This essential reference represents the first published national standards of basic competency for adapted physical education Developed by the National Consortium for Physical Education and Recreation for Individuals with Disabilities NCPERID Adapted Physical Education National Standards clearly defines what any professional needs to know to be a qualified adapted physical educator Adapted Physical Education National Standards is the culmination of 2 years of work by more than 500 adapted physical educators nationwide The book presents 15 broad standards based on the roles responsibilities and perceived professional needs of practicing adapted physical educators Each standard is broken down into five levels that were subjected to rigorous review by several committees The

result is an outstanding reference for any professional who works with children with disabilities in the physical education setting Practitioners will find the book rich in adapted physical education content and example applications It s also an essential guide for readers preparing for the NCPERID adapted physical education certification examination and an excellent supplemental text for adapted physical education courses **Bulletin** ,1930 **Adapted Physical Education** Lowell F. Masters,Allen A. Mori,Ernest K. Lange,1983 **Journal of Health, Physical Education, Recreation** ,1961

**Administration and Management of Physical Education and Athletic Programs** Clayne R. Jensen,Steven J. Overman,2003 This text continues to be the foremost guide for effective planning organizing and managing every facet of programs in physical education and athletics The Fourth Edition features an abundance of up to date information for the twenty first century administrator on such topics as curriculum standards and trends state of the art building security legal liability and risk management facilities planning and construction Equal Opportunity Affirmative Action and Title IX legislation and management leadership styles and theories The authors stress the importance of determining one s own personal management philosophy They emphasize the increasing importance of computers and other technology in program planning and evaluation budgeting scheduling public relations office management intramurals and other applications The book provides expanded and updated treatments of human resource management policies and procedures eligibility issues and drug testing events planning fitness testing and instruction for disabled students Helpful Web sites appear at the end of each chapter to facilitate further research and study The appendices provide a comprehensive list of professional organizations and periodicals a detailed facility planning checklist physical education curriculum evaluation criteria the AAHPER code of ethics and the Society of State Directors of HPER position statements on extra class programs and interscholastic athletics BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved

*Legal Status of Physical Education in the Public Schools of the United States* Fred Robert Gorman,1929 *Adapted Physical Education and Recreation* Claudine Sherrill,1986 Roadblocks to Quality Physical Education Kathy Ermler,2007 Identifies various challenges faced by physical educators and offers solutions for overcoming them

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